



DEVAKBEWEGING.NL

## Are you in danger of losing your job? Has your contract been terminated? Or do you want other, more suitable work as a result of circumstances?

If so, take action and set your career in motion with career counselling.

We are here to support you in finding a new job that suits you. Read here what De VAKbeweging can do for you and how.

Participants have rated the career counselling provided by De VAKbeweging with an average score of 8.5.



Register online via  
[devakbeweging.nl](https://devakbeweging.nl)



De VAKbeweging is a collaboration of



It can happen to anyone: You find you are no longer in the right job, your job has changed, or it has been terminated. That is often an uncomfortable situation, and you deserve support in such circumstances. But even if your employer or work sector is not offering support, there is no need to worry; De VAKbeweging is here for you.

With the tailored career-counselling we are offering, we help you advance to something new. Our career coaches are at your service to provide you with job-to-job counselling. In doing so, they truly focus on you, paying attention to your wishes, your talents, and your skills.

Thanks to our experience and cooperation with regional partners, we make sure you will get all the support you need. You are not on your own. Together we will take sustainable steps towards your future.



Read Bert's  
full story

*'It has given me more  
self-confidence'*

## Your employer or sector provides no support

You may recognise yourself in one of the following situations, where you note that your employer or work sector provides no possibilities to support you.

- You are no longer in the right place;
- Your contract will end soon or will be terminated shortly;
- You are losing your job owing to bankruptcy or a reorganisation;
- You are at risk of losing your job owing to bankruptcy or a reorganisation;
- You are at risk of dropping out as a result of your job situation: for example, physical problems, burn-out, or bore-out.

**Sound familiar?** If so, we are here to support you with career guidance.

## Free of charge

Thanks to subsidies from the Dutch Ministry of Social Affairs and Employment, as well as funding from various sectors, we can offer our career counselling schemes free of charge. This makes it easier for you to find a new and suitable job, especially if you are not receiving support from your current employer or work sector.

## What we provide

We offer career guidance that suits your needs.

Where necessary,

we provide additional help, for example with:

- **Finding a job:** We show you what your chances are in the labour market;
- **Better preparation:** We help you to be stronger when looking for new work;
- **Testing:** This is designed to reveal your specific strengths and skills;
- **Workshops (in Dutch):** These include  
'Omgaan met verlies van werk'  
(Dealing with losing your job) or  
'Gezond omgaan met stress'  
(Dealing with stress in a healthy manner);
- **Training and courses:** We provide advice regarding training, courses or the type of vocational training that suits you best.



Read Petra's  
full story



*'Through coaching, I realized  
that I was always setting the  
bar too high for myself'*

We make sure you are well prepared to take steps towards new work that is better suited to you as an individual.

## Our working method

We operate from 35 locations throughout the Netherlands, so there will always be a coach in your area. As a participant, you will be assigned a personal career coach. Together with the coach, you will determine what you need, what you can do, what you want, and what options are available to you. This can be done in a number of ways, including in a personal meeting, online, by phone, or by email. In addition to receiving personal guidance, you may also take part in working groups with other participants, led by a coach. You will have access to an online platform where you can find job vacancies, assignments, and tests. You can also maintain a job-application and development logbook to monitor your progress.

**90% of the participants have more confidence  
in the future after a career path through  
De VAKbeweging.**



## The VAKbeweging provides

- Personal career counselling;
- Interviews to gain insight into what you want, what you can do, what you need, and what suits you;
- Job-interview training and a CV check;
- Tools for how to deal with losing your job;
- Tools for how to stay healthy in the event of stress;

## Where to sign up for our career counselling

You can easily sign up by completing the online registration form on **[www.devakbeweging.nl](http://www.devakbeweging.nl)**. Upon registration, a career coach in your area will contact you to arrange the first appointment. Are you currently unemployed and keen to get started again? Please refer to [www.werkcentrum.nl](http://www.werkcentrum.nl) for information about support and advice via a Werkcentrum in your area. Werkcentrum is a central hub for anyone with questions about work and career development. Our regional partners there are at your service to support you fully on your way to sustainable work.

## Curious about who preceded you?

We have helped more than 20,000 workers to find new jobs. Please visit our website [www.devakbeweging.nl/verhalen](http://www.devakbeweging.nl/verhalen) (in Dutch) and be inspired by the stories of people who took part in our career counselling schemes.

## About De VAKbeweging

De VAKbeweging is a collaborative relationship between the FNV and the CNV trade unions, made possible with a government subsidy. In cooperation with the Dutch Employee Insurance Agency (Uitvoeringsinstituut Werknemersverenigingen, abbreviated to UWV), municipalities, educational institutions, and employers, we help both employed and unemployed workers find sustainable jobs.

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